ArchCare at Terence Cardinal Cooke Health Care Center
The gift of life, God’s special gift, is no less beautiful when it is accompanied by illness or weakness, hunger or poverty, mental or physical handicaps, loneliness or old age. Indeed, at these times, human life gains extra splendor as it requires our special care, concern and reverence.

– Terence Cardinal Cooke
ArchCare at Terence Cardinal Cooke Health Care Center (TCC) has delivered exceptional short- and long-term care and other vital health services to people with diverse health and social needs. The distinctive building overlooking the Central Park’s Conservatory Garden is home to:

- A premiere sub-acute rehabilitation program that eases the transition from hospital to home for people recovering from a major illness or surgery
- Specialized care for people with HIV/AIDS, end-stage renal disease and Alzheimer’s disease
- A nationally acclaimed, 48-bed dedicated care unit for people with Huntington’s disease, ALS and other neurodegenerative disorders
- A skilled nursing center for people who require 24-hour care in a traditional nursing home setting
- A specialty hospital for children and young adults with profound developmental disabilities and other extraordinary medical needs
Short-Term Rehabilitation at Terence Cardinal Cooke

The 130-bed Short-term Rehabilitation Center at TCC combines comprehensive medical care with expert rehabilitative service for patients as they transition from hospital to home following a serious illness, injury or surgery.

The Center’s team-based approach is dedicated to maximizing patients’ function and quality of life. Rehabilitation therapists, internists, physiatrists, rehabilitation nurses, dieticians, psychologists, social workers and therapists all work together to design individual care plans focused on enabling patients to return home and to the activities they enjoy as quickly and safely as possible. Family members are encouraged to play an active role in this process.

Rehabilitative services include:

- Physical, occupational and speech therapies
- On-site medical coverage and respiratory therapy
- Nurses with advanced acute care training and experience
- Advanced wound care, including Wound VAC
- CPAP respiratory support
- IV therapy
- On-site dialysis services
Complete, On-Site Medical Care

Providing the highest quality care in an atmosphere of dignity and respect is the heart of what we do at TCC. Our comprehensive medical and nursing services include:

- Short-term, post-hospital rehabilitation, including physical, occupational and speech therapies
- Sub-acute medical care provided by physicians and nurse practitioners
- IV therapy, including antibiotics
- Pain management and palliative programs
- Wound therapies
- 24-hour skilled nursing care with personalized care plans
- Primary and specialist physician care
- Laboratory services
- Radiology
- Nutrition services
- Cognitive and dementia care
- Hospice care

Long-term care residents covered by Medicare can also receive an additional level of care coordination, ongoing preventive care and other valuable benefits by enrolling in ArchCare Advantage, a Medicare Advantage HMO Special Needs Plan designed especially for nursing home residents or those in the community who need nursing home level of care.
Innovative HIV/AIDS Care

The HIV/AIDS unit at TCC was the first skilled nursing and rehabilitation program in New York dedicated exclusively to caring for people with HIV/AIDS. Since its founding, the 156-bed unit has grown to become a nationally recognized center of excellence and one of the largest programs of its kind in the country. Few healthcare facilities have responded as creatively and with as strong a commitment to addressing the special medical and social needs of people with HIV/AIDS.

Residents receive care from an interdisciplinary team led by infectious disease specialists. Services focus on stabilizing the progression of patients’ illnesses and improving their health and well-being so they can return to the community. Palliative care, wound care, cognitive care for patients with dementia, dental care and a full range of therapies are tailored to the needs of people living with HIV/AIDS.

Exceptional Huntington’s Disease Care

The Mary and Jim White Unit for the Care of People with Huntington’s Disease (HD) at ArchCare at Terence Cardinal Cooke Health Care Center provides exceptional care focused on enhancing the quality of life and self-esteem of residents with this degenerative neurological disorder. The 48-bed unit is a recognized leader in managing the physical, emotional and other challenges of this unique population, and works in collaboration with the Mount Sinai Movement Disorders Clinic and the HD Center of Excellence at Columbia University.
The Specialty Hospital for Children and Young Adults

TCC’s 56-bed Specialty Hospital for Children provides comprehensive medical and skilled nursing care to children and young adults with profound neurological impairments and other complex medical conditions. All receive care in a warm and nurturing environment that encourages them to achieve their highest developmental potential.

The hospital’s extended family of caregivers includes physicians, nurses, social workers, therapists and other professionals who shower residents with attention. Patients receive developmental programming from New York City’s Board of Education teachers, and certified recreation and creative arts therapists offer daily recreational activities tailored to each resident’s individual abilities. Frequent parties celebrate birthdays, holidays and other special occasions, and bedrooms are cheerfully decorated with photographs and personal items to help create a home-like atmosphere.
A Wealth of Programs and Amenities

Residents enjoy ample opportunities to remain active and socially engaged through TCC’s broad array of therapeutic recreation programs and activities. Many turn to the active music, art and horticulture programs, while others prefer to partake in the full schedule of games and exercise classes. Frequent holiday celebrations, parties, concerts, discussions and other events encourage social interaction and foster a spirit of community that many residents say sets TCC apart.

TCC also offers a wide range of personal services and amenities, including:

- Chapel
- Beauty salon and barber shop
- Outdoor gardens and patios
- Internet lounge
- Laundry service
Care for the Body and Spirit

At TCC, caring for residents’ physical needs is just a part of what we do. To us, tending to them spiritually and emotionally is equally important. Our pastoral care and social work professionals are available around the clock to provide spiritual comfort and lend an understanding ear to residents and their loved ones, and to provide support in coping with the emotions that often go hand-in-hand with healing.

Residents, family members and guests are always welcome to take part in TCC’s spiritual activities, which include formal Catholic Mass, regular Protestant and Muslim services and services for the Jewish Sabbath and holy days. Bedside visits by local priests, ministers, rabbis and imams can be arranged at any time.
Care For All of Life’s Needs

ArchCare serves the health and social needs of people of all means and circumstances, providing the extra care and attention they need to stay healthy, safe and active wherever they call home. Our programs and services cover all of life’s needs and make moving from one level of care to another easy when health needs change.

ArchCare’s motto, “Together, We Can,” is more than just a saying to us. It sums up what we do best – working side-by-side with families to help their loved ones achieve their optimum quality of life in the setting where they will be most comfortable.

Together, we can help you find the best care option for you or someone you care about. We are honored to assist you.
ARCHCARE COMMUNITY AND CAREGIVER RESOURCES

Care Navigation

Call us free for answers to your questions about:
- Care options in your area
- Access to healthcare
- Housing
- Health-related legal and financial issues
- Transportation options
- Dementia care
- Food and nutrition
- Caregiver support groups

ArchCare Care Navigation Center
855-951-CARE (TTY/TDD: 711)
8:00 a.m. to 8:00 p.m., seven days a week

ArchCare CareDiary

CareDiary is a free online support system to reduce the burden and stress of caring for a family member or other loved one. Find out more at www.archcare.org/ecarediary.

ArchCare TimeBank

ArchCare health plan members and their families have benefitted from the ArchCare TimeBank, a free program in which members are matched together to help each other with a wide variety of services. To learn more about TimeBank services in your area, call 844-880-4480 or email us at archcaretimebank@archcare.org.
ArchCare at Terence Cardinal Cooke Health Care Center serves people of all faiths, backgrounds and circumstances, and accepts Medicare, Medicaid and most commercial insurance and managed care plans. Financial counselors are available to discuss insurance coverage and Medicaid eligibility, and can provide assistance in applying for Medicaid.

Health Plans and Nursing Home Alternatives | Home Care
Skilled Nursing Care | Rehabilitation | Assisted Living
Specialized Care | Palliative Care | Hospice

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Caregiver Support: archcare.ecarediary.com