ArchCare: For All of Life’s Needs

Ferncliff Nursing Home and Rehabilitation Center
ArchCare at Ferncliff ~ Quality Care in a Scenic Setting

Nestled on 36 park-like acres of the former Astor family estate in historic Rhinebeck, New York, ArchCare at Ferncliff Nursing Home and Rehabilitation Center serves individuals and families from every corner of the Hudson Valley and beyond. We offer:

- Residential skilled nursing services for those requiring 24-hour care in a traditional nursing home setting
- Short-term rehabilitation that eases the transition from hospital to home following a serious illness, injury or surgery
- The Hudson Valley’s only specialized care center for people with neurodegenerative disorders such as Huntington’s disease and ALS

Our inviting, home-like atmosphere, broad array of social and recreational activities and amenities, and diverse pastoral care programs are just a few of the things that distinguish us. But what truly sets us apart, residents and families say, is the compassion and enthusiasm of Ferncliff care members. Come visit us and experience first-hand the true meaning of caring.
ArchCare for All of Life’s Needs

ArchCare serves the health and social needs of people of all means and circumstances, providing the extra care and attention they need to stay healthy, safe and engaged wherever they call home. Our programs and services cover all of life’s needs and make moving from one care step to another easy when needs change.

ArchCare’s motto, “Together, we can,” is more than a saying to us; it sums up what we do best – working side-by-side with families to help the people they love achieve their optimum quality of life in the setting where they will be most comfortable.

Together, we can find the best care option for you or someone you love. We are honored to assist you.
Complete, On-Site Medical Care

Ferncliff offers the following services to support you or your loved one:

- 24-hour skilled nursing care with personalized care plans
- Subacute medical care provided by physicians and nurse practitioners
- Physical, occupational and speech therapy
- Wound management
- Respiratory therapy
- IV/infusion therapy
- Pain management and palliative care
- On-site podiatry, optometry, ophthalmology, orthopedic, dental and hearing aid clinics
- Care of patients requiring hemodialysis and peritoneal dialysis
- Bariatric, tracheostomy, ostomy, gastric tube and jejunostomy care
- Bladder and spinal stimulation
- Nutritional counseling and support

Residents covered by Medicare can also receive an additional level of personalized care coordination, ongoing preventive care and other valuable benefits by enrolling in ArchCare Advantage, a Medicare Advantage HMO Special Needs Plan designed especially for nursing home residents.
Encouraging residents to remain physically active and socially engaged to the best of their ability is at the very heart of Ferncliff’s care philosophy. Residents can exercise their green thumbs and creative talents through gardening and art; enjoy therapeutic recreation programs featuring exercise and music; and stay social through frequent holiday celebrations, concerts, discussion groups and special events. Family and friends are often invited to join in the fun.

Personal services and amenities featured at Ferncliff include:

- Café
- Hair salon
- Gift shop
- Outdoor gardens and exercise course
- Computer Connections Center
- Personal laundry service
- Chapel and on-site religious services
The Center for Healing at Ferncliff

Recovering from a major illness or surgery can make even the simplest of tasks seem like monumental challenges. At The Center for Healing at Ferncliff, we help hundreds of people each year get back to their normal routines and to the activities they enjoy quickly and safely. Many are able to return home faster than they ever imagined with the help of ArchCare’s professionals and health plans.

“When I arrived at Ferncliff I was confined to a wheelchair, unable to walk. Through careful, conscientious monitoring of my condition and medications my situation was stabilized and markedly improved. The constant, positive care I received from the nurses and aides and the patience they display every day will be an inspiration to me forever.”

Nicholas Hardcastle
Specialized Neurodegenerative Care

Caring for people with Huntington’s disease, ALS and other neurodegenerative disorders and supporting the people who care about them takes much more than experience and compassion. It takes teamwork.

A 38-bed Center for Neurodegenerative Care at ArchCare at Ferncliff brings the pioneering expertise of ArchCare’s renowned Huntington’s disease center in Manhattan right to the Hudson Valley. Our goal: to enable people with neurodegenerative disorders live more comfortable and fulfilling lives, closer to the ones they love.

The dedicated unit offers:

- Specialized medical and psychiatric care
- Physical, occupational and speech therapy
- Social work services
- Clinical nutritional support
- Architectural features and furniture designed with safety in mind
- Custom-tailored recreational opportunities
- A wealth of support programs for individuals and families
- Art and music therapy

“Finding the right long-term care setting for my niece, after the characteristic symptoms of Huntington’s first revealed themselves seven years ago, has been a huge challenge. At Ferncliff, I finally found a place that could meet her needs and that could be her forever home, because that’s what it needs to be.”

Gail DeCicco
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