

2017 | November – December

## Announcements



To all our members, from the bottom of our hearts, we wish you a very safe, warm and wonderful holiday season. – The TimeBank Team

Have you participated in a group activity or one-on-one exchange and taken pictures? We would love to see them and include them in our next Calendar.



[www.archcaretimebank.org](http://www.archcaretimebank.org)

Did you know that you can now request TimeBank services and report your hours on our website? Just click on the link(s) in the green menu and complete the simple form(s).

## Potlucks

### Brooklyn

Sunset Park Neighborhood Center  
4520 4<sup>th</sup> Ave

- There will be no Potluck in November. The most active Brooklyn members will be invited to a special event.
- Thursday, December 7<sup>th</sup>, 5 PM  
Let's celebrate the holidays together. There will be raffles!

### Lower East Side

University Settlement Neighborhood Center  
189 Allen St

- There will be no Potluck in November. The most active LES members will be invited to a special event.
- Wednesday, December 13<sup>th</sup>, 5 PM  
Let's celebrate the holidays together. There will be raffles!

### Washington Heights

Our Saviour's Atonement Lutheran Church  
178 Bennett Ave (W 189<sup>th</sup> St)

- Monday, November 13<sup>th</sup>, 6 PM
- Monday, December 11<sup>th</sup>, 6 PM

Contact us at 844-880-4480 or [timebank@archcare.org](mailto:timebank@archcare.org)

# ArchCare TimeBank | 2017 | November – December

**Service Opportunities:** No ongoing commitment necessary. Help when you can.

## **ArchCare at Mary Manning Walsh Home**

Help transport residents to activities and assist with other event-related tasks.

- **Birthday Celebrations**
  - Friday, November 17<sup>th</sup>
  - Friday, December 29<sup>th</sup>
- **Musical Concerts**
  - Every Saturday & Sunday

Time: 1:30 PM

Location: Upper East Side

## **ArchCare at Terence Cardinal Cooke Health Care Center**

Help transport residents to Mass.

Weekdays, 9:30 AM

Help transport residents to activities and assist with other event-related tasks.

- **Thanksgiving Dinners**
  - Wednesday, November 15<sup>th</sup>, 5 PM
  - Thursday, November 16<sup>th</sup>, 5 PM
  - Monday, November 20<sup>th</sup>, 5 PM
- **Santa Party**, Thursday, December 21<sup>st</sup>, 1:30 PM
- **New Year's Party**, Thursday, December 28<sup>th</sup>, 1:30 PM

Location: East Harlem

## **Community of Sant'Egidio**

Help pack meals for the homeless.

Tuesdays, 3:30 PM

Location: Gramercy Park, Manhattan

Help distribute food to the homeless.

Sundays, 8:30 AM

Location: Union Square, Manhattan

Visit and assist seniors at a nursing home.

Mondays, 5:30 PM

Location: Downtown Brooklyn / Upper East Side

**GrowNYC Fresh Food Box Program** (Sponsored by the Manhattan Borough President's Office)

Help pack bags of fresh fruits and vegetables.

Thursdays, 12 PM

Location: Lower Manhattan

## **Human Understanding & Growth (HUG)**

Help cook and/or serve lunch to people in need.

\*\*\* If you like to cook, please let us know. HUG is in need of cooks! \*\*\*

Saturdays, 11:30 AM

Lead performances or group activities for the guests.

Saturdays, 1 PM

Location: Upper West Side

## **Saint Michael's Church Soup Kitchen**

Help cook and/or serve lunch to people in need.

Saturdays, 9 AM

Location: Sunset Park, Brooklyn

## **Trinity Wall Street Brown Bag Lunch Ministry**

Help distribute lunches at Trinity Church

Tuesdays & Wednesdays, 12:45 PM

Help pack lunches at Saint Paul's Chapel

Fridays, 10 AM

Help distribute lunches at Saint Paul's Chapel

Fridays, 12:45 PM

Location: Lower Manhattan

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## Activities / Trips

### **Morningside Heights Walking Tour**

Wednesday, November 1<sup>st</sup>, 10 AM

### **Edna Vazquez Concert at Lincoln Center**

Enjoy folk, rock, pop, mariachi, and jazz woven together in light-filled music.

Thursday, November 2<sup>nd</sup>, 7:30 PM

### **Trip: Cloisters at Fort Tryon Park**

Wednesday, November 15<sup>th</sup>, 1 PM

### **Irka Mateo Concert at Lincoln Center**

Enjoy a fusion of folk melodies and rhythms from the Dominican countryside.

Thursday, November 16<sup>th</sup>, 7:30 PM

### **Trip: 9/11 Memorial Museum**

Tuesday, November 28<sup>th</sup>, 5 PM

### **Grand Central Holiday Fair**

Enjoy the decorations, food, shopping and more!

Saturday, December 9<sup>th</sup>, 10 AM

### **Holiday Buffet in Long Island City**

Monday, December 18<sup>th</sup>, 11 AM (Cost \$11)

## Classes / Groups

### Brooklyn

#### **Sunset Park Neighborhood Center**

4520 4<sup>th</sup> Ave

- **Chinese Folk Dancing** with Ging, Rong Jiao & Yan Hong  
Mondays, 10:30 AM
- **English Conversation** with Bosco & Karmen  
Tuesdays, 6 PM
- **Basic Computer Skills** with William  
Fridays, 1 PM

### Washington Heights

#### **Columbia Community Partnership for Health**

390 Fort Washington Ave

- **Knitting** with Carmen  
Wednesdays, 10 AM (November 8<sup>th</sup> to December 6<sup>th</sup>)

#### **SUNY ATTAIN Lab at The Armory Foundation**

216 Fort Washington Ave

- **English Conversation** with Mary  
Fridays, 12 PM (November 3<sup>rd</sup> to December 15<sup>th</sup>)

### Lower Manhattan

#### **Church of the Transfiguration**

29 Mott St

- **Jewelry Making** with Wai King & Guo Chi  
Sundays, 1 PM

#### **TriBeCa Radiation**

408 Broadway

- **Putonghua Conversation** with Yi Li  
Mondays, 2 PM
- **Macramé** with Pui Yee  
Fridays, 2 PM

#### **University Settlement**

189 Allen St

- **Spanish Conversation** with Irene  
Mondays, 3:30 PM
- **Karaoke** with Ling Heung & Sau Chun  
Tuesdays, 3 PM
- **English Conversation** with Margaret  
Thursdays, 3 PM

## Workshops

### Brooklyn

- **Make Christmas Centerpieces** with Petra  
Monday, December 4<sup>th</sup>, 3 PM

### Lower Manhattan

- **Make Christmas Gifts** with Guo Chi  
Make purses, cellphone covers, belts, etc.  
Thursday, December 14<sup>th</sup>, 3 PM



## in the Bronx!

Bring clean, reusable, portable items such as clothing, housewares, electronics, books & toys that you no longer need. Take home something new-to-you, free! You don't have to bring something to take something.

**Saturday, November 4<sup>th</sup>, 11 AM - 2 PM**

**Saint Nicholas of Tolentine Church**  
2345 University Ave, University Heights  
(entrance on W Fordham Rd)

*Please do NOT bring: furniture, large items, expired or open food, unsealed personal care products, medicine, dirty or ripped clothing, fabric scraps, incomplete toys and games, non-working electronics, magazines, tube TVs, or sharp objects.*

## Need help for yourself or someone you know?

Dear TimeBank member,

Did you know that **ArchCare**, the proud sponsor of the TimeBank, also provides a wide variety of health care services to support people in their homes and in community facilities?

## ArchCare Can Help!

- ✓ Long-term care health plans
- ✓ Home health aides
- ✓ Transportation to appointments
- ✓ Help after being in the hospital
- ✓ Assisted living/nursing home care
- ✓ Social day care and much more!

**Call Today!**  **844-880-4480**