

2018 | March – April

Announcements



The TimeBank would like to thank **Olnia De Moya** for her 10 years of service. She will be retiring at the end of March. Olnia has been an integral part of the TimeBank since 2008 and has touched the lives of so many with her kindness. She will be missed by the members and her coworkers. We wish her the best!

Potlucks



Bronx

Saint Nicholas of Tolentine Church
345 University Ave (W Fordham Rd)

- **Tuesday, April 10th, 6 PM**
Let's celebrate our first potluck in the Bronx!
Please call 917-484-5054 to register.

Brooklyn

Sunset Park Neighborhood Center
4520 4th Ave

- **Thursday, March 8th, 5:30 PM**
- **Thursday, April 12th, 5:30 PM**

Lower East Side

University Settlement Neighborhood Center
189 Allen St

- **Wednesday, March 14th, 5:30 PM**
- **Wednesday, April 18th, 5:30 PM**

Washington Heights

Our Saviour's Atonement Lutheran Church
178 Bennett Ave (W 189th St)

- **Monday, March 19th, 6 PM**
Come celebrate with Olnia at her last potluck as TimeBank Coordinator.
- **Monday, April 30th, 6 PM**

Contact us at **844-880-4480** or **timebank@archcare.org**

ArchCare TimeBank | 2018 | March – April

Service Opportunities: No ongoing commitment necessary. Help when you can.

ArchCare at Mary Manning Walsh Home

Help transport residents to activities and assist with other event-related tasks.

- **Birthday Celebrations**
 - The last Friday of each month
- **Musical Concerts**
 - Every Saturday & Sunday

Time: 1:30 PM

Location: Upper East Side

ArchCare at Terence Cardinal Cooke Health Care Center

Help transport residents to activities and assist with other event-related tasks.

- **Saint Patrick's Day Party**
 - Thursday, March 15th at 1:30 PM
- **Earth Day Celebration**
 - Thursday, April 19th at 1:30 PM

Help transport residents to Mass.

Weekdays, 9:30 AM

Location: 5th Ave & E 105th St in Manhattan

Community of Sant'Egidio

Help pack meals for the homeless.

Tuesdays, 3:30 PM

Location: Gramercy Park, Manhattan

Help distribute food to the homeless.

Sundays, 8:30 AM

Location: Union Square, Manhattan

Visit and assist seniors at a nursing home.

Mondays, 5:30 PM

Location: Downtown Brooklyn / Upper East Side

GrowNYC Fresh Food Box Program (Sponsored by the Manhattan Borough President's Office)

Help pack bags of fresh fruits and vegetables.

Thursdays, 12 PM

Location: Lower Manhattan

Lunch with Friends at Holy Trinity (formerly known as HUG).

Help cook and/or serve lunch to people in need.

Saturdays, 11:30 AM

Location: Upper West Side

Saint Michael's Church Soup Kitchen

Help cook and/or serve lunch to people in need.

Saturdays, 9 AM

Location: Sunset Park, Brooklyn

Trinity Wall Street Brown Bag Lunch Ministry

Help distribute lunches at Trinity Church

Tuesdays & Wednesdays, 12:45 PM

Help pack lunches at Saint Paul's Chapel

Fridays, 10 AM

Help distribute lunches at Saint Paul's Chapel

Fridays, 12:45 PM

Location: Lower Manhattan

ArchCare TimeBank | 2018 | March – April

Workshops / Help Groups

Washington Heights

- **Arts & Crafts Workshop**
Tuesday, March 13th, 2 PM
- **Arts & Crafts Workshop**
Tuesday, April 10th, 2 PM

Lower Manhattan

- **Smartphone/Tablet User Help Group**
with Grace & Rena
Tuesdays, March 6th, 20th, &
April 3rd, 17th, 2 PM
- **Slideshow Making & Photo Printing** with David
Order print photos of our latest activities
Thursday, April 26th, 2 PM

Classes / Groups

Brooklyn

Sunset Park Neighborhood Center

4520 4th Ave

- **Chinese Folk Dancing** with Ging Kuen, Rong Jiao & Yan Hong
Mondays, 10:30 AM
- **English Conversation** with Bosco & Karmen
Mondays, 6 PM
- **Basic Computer Skills** with William
Fridays, 1 PM

Washington Heights

Call Us for Location

- **Knitting** with Carmen
Tuesdays, 10 AM

SUNY ATTAIN Lab at The Armory Foundation

216 Fort Washington Ave

- **English Conversation** with Mary
Fridays, 12 PM (No classes in March)

Lower Manhattan

Church of the Transfiguration

29 Mott St

- **Jewelry Making** with Guo Chi & Wai King
Sundays, 1 PM

TriBeCa Radiation

408 Broadway

- **Putonghua Conversation** with Yi Li
Mondays, 2 PM
- **Silk Flower Making** with Xiao Qian
Fridays, 2 PM
Cost: \$1 for materials

University Settlement

189 Allen St

- **Chinese Paper Cutting & Origami** with Cindy
Mondays, 3 PM
- **Karaoke Social** with Hui Qing, Ling Heung & Sau Chun
Tuesdays, 3 PM
- **English Conversation** with Margaret
Thursdays, 3 PM

ArchCare TimeBank | 2018 | March – April

Activities / Trips

Mantra Percussion Concert at Pregones Theater

Honor the past and expand the future of percussion music.

Wednesday, March 7th, 7 PM

New York Hall of Science

Friday, March 9th, 2 PM

Spring Dance-A-Thon at J Hood Wright Park

An evening of dance, fitness, and fun with sounds and songs from the 70s, 80s, and 90s.

Friday, March 23rd, 4 PM

Arturo O’Farrill Sextet Neighborhood Concert at Bronx Library Center

First family of Afro-Cuban jazz.

Saturday, April 14th, 2:30 PM

“El derecho de vivir en paz” Concert at City College

Connecting major historical events in Latin America.

Thursday, April 19th, 7 PM

Roosevelt Island via Tramway

Tour the island and enjoy the cherry blossom trees.

Friday, April 20th, 11 AM

Bronx Zoo

Wednesday, April 25th, 10 AM

JACK Quartet Neighborhood Concert at Our Saviour’s Atonement Lutheran Church

Sunday, April 29th, 5 PM

Rockaway Beach

Enjoy the boardwalk, take a tour by boat & train.

Monday, April 30th, 11 AM

Need help for yourself or someone you know?

Dear TimeBank member,

Did you know that **ArchCare**, the proud sponsor of the TimeBank, also provides a wide variety of health care services to support people in their homes and in community facilities?

ArchCare Can Help!

- ✓ Long-term care health plans
- ✓ Home health aides
- ✓ Transportation to appointments
- ✓ Help after being in the hospital
- ✓ Assisted living/nursing home care
- ✓ Social day care and much more!

Call Today!  **844-880-4480**