

## ARCHCARE COMMUNITY AND CAREGIVER RESOURCES

### Care Navigation

Call us free for answers to your questions about:

- Care options in your area
- Access to healthcare
- Housing
- Health-related legal and financial issues
- Transportation options
- Dementia care
- Food and nutrition
- Caregiver support groups

### ArchCare Care Navigation Center

855-951-CARE (TTY/TDD: 711)

8:00 a.m. to 8:00 p.m., seven days a week

### ArchCare CareDiary

CareDiary is a free online support system to reduce the burden and stress of caring for a family member or other loved one. Find out more at [archcare.org/ecarediary](http://archcare.org/ecarediary).

### ArchCare TimeBank

ArchCare TimeBank connects people who need assistance with local volunteers who have the time, energy and talent to help. TimeBank volunteers are currently available in Manhattan and Brooklyn. To learn more, call 844-880-4480 or email [archcaretimebank@archcare.org](mailto:archcaretimebank@archcare.org).

ArchCare Advantage HMO SNP is a Coordinated Care plan with a Medicare contract. Enrollment in ArchCare Advantage depends on contract renewal. This plan is available to anyone with Medicare who meets the Skilled Nursing Facility (SNF) level of care. This information is available for free in other languages. Please call our customer service number at 800-373-3177, TTY 800-662-1220, Sunday-Saturday, 8:00 a.m.-8:00 p.m. Esta información está disponible gratis en otros idiomas. Por favor llame a nuestro número de servicio al cliente al 800-373-3177, TTY 800-662-1220, de domingo a sábado, de 8:00 a.m.-8:00 p.m. You must continue to pay your Medicare Part B premium. This information is not a complete description of benefits. Contact the plan for more information. Limitations, copayments, and restrictions may apply. Benefits, premiums and/or co-payments/co-insurance may change on January 1 of each year.

ArchCare Senior Life participants may be liable for the cost of unauthorized or out-of-PACE program agreement services.



Health Plans and Nursing Home Alternatives | Home Care | Skilled Nursing Care  
Rehabilitation | Assisted Living | Specialized Care | Palliative Care | Hospice

[www.archcare.org](http://www.archcare.org)



## Care When and Where You Need it

A Continuum of Care You Can Count on Always



H1777\_ContinuumBrochure\_Accepted  
H4393\_ContinuumBrochure\_Accepted

## Many Health Needs, One Health Partner

Health needs change, often when we least expect it. That's why ArchCare has you covered, whatever your need, wherever you call home. Our services include:

- **Care navigation** to connect you with information and help from social services and healthcare providers
- **Home care** to keep you healthy in your own familiar surroundings
- **Short-term rehabilitation** get you back on your feet quickly and safely after an illness or surgery
- **Nursing homes** for when you need round-the-clock care
- **Whole-person symptom management** focused on relieving the pain and stress of illness
- **The comfort of hospice** for those nearing the end of life and the people who love them



*"If a problem arises, we make one phone call to her care manager and it's solved. My grandmother just feels better about everything. She is much happier now with ArchCare."*

**Leonza**  
ArchCare Community Life member

**Have questions about care for you or a loved one?**

**Call and speak with a Care Navigator at**

**(855) 951-CARE (TTY/TDD: 711).**

**We're here to help from 8:00 a.m. to 8:00 p.m., seven days a week.**



*"I was just so surprised when my care manager, Susan, came by to find out how I was making out after a fall. I was really overcome by the way she was so thorough in all that she did. Without ArchCare, I would be more concerned about my health."*

**Rosemary**  
ArchCare Advantage member

## Personalized Care, Personally Coordinated

ArchCare health plans provide the peace of mind of knowing that someone is looking after your health 24 hours a day. You can choose:

### ArchCare Advantage

All the benefits of Medicare and more, including personalized care coordination to keep you out of the hospital

### ArchCare Community Life

A Medicaid managed long term care plan with the freedom to choose your own healthcare providers

### ArchCare Senior Life

A plan to keep you healthy and safe at home instead of in a nursing home



*"ArchCare has changed my life. I'm not in a nursing home anymore. I'm happy and physically stronger every day."*

**Viola**  
ArchCare Senior Life member

