

## ArchCare Social Day Program

Caring for your elderly, physically frail and disabled loved ones can be a full-time job. ArchCare can help. The ArchCare Social Day Program gives caregivers a much-needed break allowing you to go to work, run errands, or just relax while knowing your loved one is well cared for and safe.

### Program Includes:

- ❖ Supervision and monitoring
- ❖ Healthy meals and nutrition
- ❖ Door-to-door transportation
- ❖ Personal care, such as help with mobility, eating and toileting
- ❖ Socialization
- ❖ Recreational activities such as:
  - Arts and crafts
  - Musical entertainment and sing-a-longs
  - Mental stimulation games such as Bingo
- ❖ Yoga, stretching and other gentle exercises
- ❖ Discussion groups (books, films, current events)
- ❖ Holiday and birthday celebrations
- ❖ Outside trips to community events
- ❖ Educational programs and lectures

Insurance: Managed Long Term Care (MLTC)  
Private pay accepted.

### Locations

#### Manhattan

1432 Fifth Avenue, NY, NY 10035  
Monday - Friday, 8:30 a.m. - 5 p.m.  
1-866-263-9083 (TTY: 711)

#### The Bronx

900 Intervale Avenue, Bronx, NY 10459  
Monday - Friday, 8:30 a.m. - 5 p.m.  
1-866-263-9083 (TTY: 711)

#### Staten Island

- 88 Old Town Road, Staten Island, NY 10304  
Monday - Saturday, 9 a.m. - 5 p.m.  
718-407-2921 (TTY: 711)
- 330 St. Marks Place, Staten Island, NY 10301  
Monday - Friday, 9 a.m. - 5 p.m.  
718-407-2921 (TTY: 711)

