



ArchCare Senior Life PACE

Parkinson's Disease
Program



The ArchCare Senior Life Program of All-inclusive Care for the Elderly (PACE) offers specialized treatment options and services focused on keeping seniors with Parkinson's disease healthy, safe and independent in their own homes. To us, promoting better overall health and quality of life for our members with Parkinson's is just the beginning. Our Parkinson's program is specially designed to foster:

- Greater confidence and independence with activities of daily living
- Increased mobility, with better speed and balance and lower risk of falls
- Better voice quality with less vocal strain
- Enhanced social and recreational opportunities
- Peace of mind and a community of support for family caregivers

PACE Services and benefits

ArchCare Senior Life provides all the health, social and other support seniors need to continue to live in their own homes for as long as possible. Benefits and services include:

- Team-based care management
- 24/7 access to nurses and physicians
- Adult day care with therapeutic recreation including: stretching, fitness, balance, yoga, tai chi and walking
- Home care
- Behavioral services
- Rehabilitation therapies
- Social work services
- Nutritional services, including meals
- Transportation to and from the program
- Respite care for caregivers
- Consumer-directed Personal Assistance Services
- Family support groups



Customized speech and movement therapies with Big & Loud

ArchCare Senior Life is a pioneer among PACE programs in using the Lee Silverman Voice Treatment (LSVT) Big and Loud method, an innovative and clinically proven approach to improving communications and movement in people with Parkinson's. Our LSVT-certified physical, occupational and speech therapists are dedicated to helping participants achieve their maximum potential by custom tailoring exercises to individual needs and abilities.

Am I eligible?

You may be eligible to participate in the ArchCare Senior Life Program if:

- You are 55 or older
- You qualify for Medicare and/or Medicaid or can pay privately
- You are eligible for nursing home care but able to live safely at home with PACE assistance at the time of enrollment
- Your healthcare needs can be met in your home and in our PACE centers
- You reside in the ArchCare Senior Life service area, which currently includes Manhattan, the Bronx and Staten Island



“If it were not for the ArchCare staff I know for sure my dad would not have come this far. Now, dad wants to do so much on his own... he has become happy, healthy and whole again. God blessed us with the ArchCare Senior Life PACE program entering our lives.”

Hawa, Bronx, NY

We're Here to Help

To learn more about the ArchCare Senior Life Program for Seniors with Parkinson's disease, please call **1-866-263-9083 (TTY: 711)**

PACE Center Locations

ArchCare Senior Life Harlem

1432 Fifth Avenue
New York, NY 10035

ArchCare Senior Life at San Vicente de Paúl

900 Intervale Avenue
Bronx, NY 10459

ArchCare Senior Life at Carmel Richmond

88 Old Town Road
Staten Island, NY 10304

Participants may be fully and personally liable for the costs of unauthorized or out-of-PACE program agreement services.

Discrimination is Against the Law

ArchCare complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. ArchCare does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al

1-866-263-9083 (TTY: 711)

注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電

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www.archcareseniorlife.org