ARCHCARE COMMUNITY AND CAREGIVER RESOURCES

**Care Navigation**

Call us free for answers to your questions about:
- Care options in your area
- Access to healthcare
- Housing
- Health-related legal and financial issues
- Transportation options
- Dementia care
- Food and nutrition
- Caregiver support groups

**ArchCare Care Navigation Center**

855-951-CARE (TTY/TDD: 711)
8:00 a.m. to 8:00 p.m., seven days a week

**ArchCare CareDiary**

CareDiary is a free online support system to reduce the burden and stress of caring for a family member or other loved one. Find out more at archcare.org/ecarediary.

**ArchCare TimeBank**

ArchCare TimeBank connects people who need assistance with local volunteers who have the time, energy and talent to help. TimeBank volunteers are currently available in Manhattan and Brooklyn. To learn more, call 844-880-4480 or email archcaretimebank@archcare.org.

**Senior Life**

Program of All-inclusive Care for the Elderly (PACE)
ArchCare Senior Life is a Program of All-inclusive Care for the Elderly, or PACE, an alternative to a nursing home delivers all the services seniors and specialty populations need to stay healthy and safe while they continue to live independently or with loved ones. As a member of ArchCare Senior Life, you’ll receive:

» 24/7 medical care from your primary care physician, nurses, social workers and other professionals focused on your needs
» Prescription and over-the-counter medications, medical equipment and supplies
» Day Health Center with meals, recreation, social activities and more
» On-site health clinic
» Physical, occupational and speech therapy
» Home care, in-home rehabilitation and home health aide services
» Nutritional counseling
» Eye care, dental care, foot care and hearing aids
» Transportation
» Nursing home services, if needed
» Nurse Practitioner
» Palliative care

And that’s just for starters. In addition to a host of other benefits, you and your loved ones will have the peace of mind of knowing that someone is looking out for your health needs 24 hours a day.

How much does it cost?
Payment for ArchCare Senior Life depends on your eligibility for Medicare and Medicaid. In many cases, you may not have to pay anything. We will be happy to explain the costs that apply to you. You may also be liable for the cost of services not covered or authorized by the program.

Am I eligible?
To participate in ArchCare Senior Life you must meet all of the following requirements:

» 55 years of age or older
» Eligible for nursing-home level of care as certified by New York State
» Require more than 120 days of community-based long term care services
» Reside in our current service area, which includes Manhattan, The Bronx, and Staten Island
» Be able to live safely in the community with PACE assistance when you enroll

Who will be my doctor?
You can continue to receive care from your primary care physician if he or she participates in PACE. Or, if you choose, in one of the fully equipped health clinics located right in our PACE day centers. If you need care from a specialist or in a hospital, you can choose from among the hundreds of doctors and hospitals in our provider network.

“ArchCare Senior Life has changed my life. I’m not in a nursing home anymore. I’m happy and physically stronger every day.”

Viola
Manhattan

To learn more, ask about costs or eligibility or see if your provider is in our network, please call us at 866-263-9083 (TTY/TDD: 711).
We’re here to help Monday through Friday from 8:30 a.m. to 5 p.m.