



From the Desk of our Medical Director: Important information for ArchCare Advantage Providers



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We are pleased to highlight some important features of our ArchCare Advantage HMO Special Needs Plan for 2012 that will directly benefit our network providers and nursing homes. These features reflect our overarching commitment to delivering the benefits your patients and residents want and need.

- Effective January 1, 2012, we have eliminated member co-payments for both primary care (PCP) and specialist visits. In addition to significantly reducing your patients' out-of-pocket costs.
- Members of our ArchCare Advantage Institutional Special Needs Plan for nursing home residents will also continue to enjoy a generous bed reserve benefit. In 2012, this benefit will provide up to an additional 19 days for New York City plan

members and up to an additional 18 days for non-New York City plan members.

- In 2012, there will continue to be no limit on skilled days. Full details of the benefits provided under ArchCare Advantage HMO Special Needs Plan appear in the 2012 Summary of Benefits and Evidence of Coverage, which are available online at: www.archcareadvantage.org.

At ArchCare Advantage, helping our providers compete and succeed in today's ultra-complex health and long-term care environment is always a top priority. We welcome your questions and feedback. You can reach our Provider Services Representatives toll-free at **(800) 373-3177**.

Thank you for your continued commitment to providing the highest quality care to our Special Needs Plan members.



DRUG-DRUG INTERACTION What you need to know – What CMS is watching

Research has shown that up to 21% of adverse drug event related hospital admissions are due to drug interactions. CMS currently monitors drug-drug interactions through utilization data collected from provider prescriptions filled by health plan

members across the country. According to CMS statistics, an average of 4.8% members of Medicare Advantage Prescription Drug plans, are being prescribed contraindicated drugs. CMS has identified fourteen drugs and classes of drugs that they will be

targeting to monitor for these potential interactions.

For your convenience, we have included a table of the target drugs and the correlating contraindicated drugs in the table below. Please be sure to conduct a complete medication review

for all patients on your panel and consider how you may be able to mitigate these potential drug-drug interactions or select an alternate drug whenever possible. ▲

Target Drug
Benzodiazepines: alprazolam, midazolam, triazolam
carbamazepine
cyclosporine
digoxin
Ergot alkaloids: ergotamine, dihydroergotamine
Estrogen/progestin oral contraceptives: desogestrel-ethinyl estradiol, drospirenone/ethinyl, estradiol, estradiol valerate-dienogest, ethinyl estradiol-ethynodiol, ethinyl estradiol/levonorgestrel, ethinyl estradiol-norethindrone, ethinyl estradiol-norgestimate, ethinyl estradiol/norgestrel, mestranol-norethindrone
MAO Inhibitors: isocarboxazid, linezolid, phenelzine, rasagiline, selegiline, tranylcypromine
methotrexate
Nitrates: amyl nitrite, isosorbide dinitrate, isosorbide mononitrate, nitroglycerin
simvastatin (40mg & 80mg)
tamoxifen
theophylline
mercaptopurine
warfarin

Contraindicated Drug
Azole antifungal agents: ketoconazole, itraconazole, fluconazole, posaconazole, voriconazole
propoxyphene
Rifamycins: rifampin, rifabutin, rifapentine
clarithromycin, erythromycin, azithromycin, telithromycin
clarithromycin, erythromycin, telithromycin
Rifamycins: rifampin, rifabutin, rifapentine
Sympathomimetics: amphetamines, atomoxetine, benzphetamine, dextroamphetamine, diethylpropion, isometheptene, methamphetamine, methylphenidate, phendimetrazine, phentermine, phenylephrine, pseudoephedrine, tapentadol, dexmethylphenidate, lisdexamfetamine.
Serotonergic Agents: buspirone, citalopram, cyclobenzaprine, desvenlafaxine, dextromethorphan, duloxetine, escitalopram, fluoxetine, fluvoxamine, meperidine, milnacipran, mirtazapine, paroxetine, sertraline, sibutramine, tetrabenazine, tramadol, trazodone, venlafaxine
trimethoprim/sulfamethoxazole
Phosphodiesterase inhibitors: sildenafil, tadalafil, vardenafil
amiodarone
bupropion, duloxetine, fluoxetine, paroxetine
ciprofloxacin, fluvoxamine
allopurinol
cimetidine, trimethoprim/sulfamethoxazole
Fibrates: fenofibrate, fenofibric acid, gemfibrozil
NSAIDs: diclofenac, etodolac, fenoprofen, flurbiprofen, ibuprofen, indomethacin, ketoprofen, ketorolac, meclofenamate, mefenamic acid, meloxicam, nambumetone, naproxen, oxaprozin, piroxicam, sulindac, tolmetin

1 Roughead; Kalisch; Barrett; & Gilbert. British Journal of Clinical Pharmacology, Volume 70, Number 2, August 2010, pp. 252-257(6)
1 Centers for Medicare and Medicaid Services. 2011.

2012 BENEFITS

Maximum Out of Pocket Cost: \$3400 (In-Network Medicare covered benefits)

Benefit	Member Cost Share	Authorization Required?
Inpatient Hospital	\$1156.00 Deductible Days 1-60: No Coinsurance Days 61-90: \$289.00 per day Days 91-150: \$578.00 per lifetime reserve day	N
Inpatient Mental Health	\$1156.00 Deductible Days 1-60: \$0 per day Days 61-90: \$289.00 per day Days 91-150: \$578.00 per lifetime reserve day	Y
Skilled Nursing Facility	Days 1-20: \$0 per day Days 21- 100: \$144.50 per day Days 101-999: \$0/day	Y
Cardiac & Pulmonary Rehabilitation Services	0% coinsurance	N
Emergency Care	20% - ER room visit - up to \$65 Maximum (waived if admitted to hospital)	N
Urgently Needed Care (out-of-area)	0% coinsurance	N
Partial Hospitalization	20% coinsurance	N
Home Health Services	\$0	Y
Primary Care Physician Services	0% coinsurance	N
Chiropractic Services(Routine Care not Covered)	0% coinsurance	N
Occupational Therapy Services	0% coinsurance	N
Physician Specialist Services (excluding Psychiatric Services)	0% coinsurance	N
Mental Health Services (Non Physician)	0% coinsurance	N
Podiatry Services(Routine Care not Covered)	0% coinsurance	N
Psychiatric Services	0% coinsurance	N
Physical Therapy & Speech-Language Pathology Services	0% coinsurance	N
Outpatient Diagnostic Procedures, Tests & Lab Services	20% coinsurance	N
Outpatient Diagnostic & Therapeutic Radiological Services	20% coinsurance	N
Outpatient Hospital Services/Surgery	20% coinsurance	N
Ambulatory Surgical Center (ASC) Services	20% coinsurance	N
Outpatient Substance Abuse Services	20% coinsurance	N
Ambulance Services (Emergent)	20% coinsurance	N
Ambulance Services (Non Emergent)	20% coinsurance	Y
Durable Medical Equipment (DME)	20% coinsurance	N
Prosthetics/Orthotics Medical Supplies	20% coinsurance	N
Diabetes Monitoring Supplies	20% coinsurance	N
Diabetic Therapeutic Shoes or Inserts	20% coinsurance	N
Renal Dialysis	20% coinsurance	N
Bed Reserve	\$0	N
In 2012, this benefit will provide up to an additional 19 days for New York City plan members, and up to an additional 18 days for non-New York City plan members per calendar year, when an enrollee returns to an ArchCare Advantage contracted nursing home.		
Preventive Services	0% coinsurance	N
Medicare Part B Rx Drugs & Home Infusion Drugs	20% coinsurance	N
Medicare-Covered Dental Services	20% coinsurance	N
Vision Services - Eye Exams Medicare-Covered Services	20% coinsurance	N
Eye Wear (Contact Lenses, Eye Glasses, Lenses, Frames) *1 pair of eyeglasses with standard frame or 1 set of contact lenses after cataract surgery that implants an intraocular lens.	20% coinsurance	N
Hearing Exams - For Medicare - Covered Diagnostic Hearing Exams	20% coinsurance	N