

CARE NAVIGATION

Helping You Access Social, Health, and Community Services

- Need help caring for yourself or someone else, but not sure where to turn with questions about:
 - Housing for seniors and disabled persons
 - Health-related legal and financial issues
 - Access to healthcare
 - Transportation options
 - Caregiver support groups
 - Dementia care
 - Food and nutrition
 - Volunteer opportunities
- Wish you could stop talking to recordings and speak with a caring person who understands your needs and wants to help?

Call ArchCare. We'll answer.

ArchCare Care Navigation Center

(855) 951-CARE (TTY/TDD: 711)

Our Care Navigators are here to help you from 8:00 a.m. to 8:00 p.m., seven days a week.

ArchCare is the healthcare system of the Archdiocese of New York. Our Care Navigation Center is staffed by health and social service professionals dedicated to helping people better understand and access the social, community, and other services they are eligible for. If our programs and services can't assist, a Care Navigator can tell you about other resources located right in your neighborhood. To us, going that extra distance is what caring is all about. **Help from a Care Navigator is totally free.**

