

## ARCHCARE COMMUNITY AND CAREGIVER RESOURCES

### Care Navigation

Call us free for answers to your questions about:

- Care options in your area
- Access to healthcare
- Housing
- Health-related legal and financial issues
- Transportation options
- Dementia care
- Food and nutrition
- Caregiver support groups

**ArchCare Care Navigation Center**  
**855-951-CARE (TTY/TDD: 711)**  
**8:00 a.m. to 8:00 p.m., seven days a week**

### ArchCare TimeBank

ArchCare TimeBank connects people who need assistance with local volunteers who have the time, energy and talent to help. TimeBank volunteers are currently available in Manhattan and Brooklyn. To learn more, call 844-880-4480 or email [archcaretimebank@archcare.org](mailto:archcaretimebank@archcare.org).



Health Plans and Nursing Home Alternatives | Home Care | Skilled Nursing Care  
Rehabilitation | Assisted Living | Specialized Care | Palliative Care | Hospice

[www.archcare.org](http://www.archcare.org)



Personalized Care, With Your Choice of Doctors  
Medicaid Managed Long Term Care Plan (MLTCP)



**Do you need long term care at home but want the freedom to choose your own health care providers? With ArchCare Community Life, you can have it all.**

**ArchCare Community Life is a Medicaid Managed Long Term Care Plan designed to keep you healthy and comfortable in the place you call home for as long as possible. As a member of ArchCare Community Life, your covered benefits may include:**

- » Your own personal care manager
- » Home care and in-home therapies
- » Adult day care
- » Physical, occupational and speech therapy
- » Respiratory Therapy
- » Transportation to doctors appointments
- » Meals and nutritional counseling
- » Medical equipment and supplies
- » Social work support
- » Eye care, dental care and foot care
- » Audiology and hearing aids
- » Eyeglasses
- » Personal emergency response system
- » Nursing home care, if needed
- » Consumer-directed Personal Assistance Services

When your health needs change, your personal care plan will change along with them to provide all the services you need. Your ArchCare Community Life care manager will even coordinate doctor, specialist and hospital care covered directly by Medicare and Medicaid to ensure that you receive all the care and benefits you're entitled to.

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### **How much does it cost?**

Payment for ArchCare Community Life depends on your eligibility for Medicare and Medicaid. In many cases, you may not have to pay anything. We will be happy to explain the costs that apply to you.

### **Am I eligible?**

To participate in ArchCare Community Life you must meet all of the following requirements:

- » 21 years of age or older
- » Receiving or eligible for Medicaid
- » Require more than 120 days of community-based long term care services
- » Reside in our current service area, which currently includes Manhattan, The Bronx, Staten Island, Queens, Brooklyn, Putnam and Westchester counties.
- » Able to live safely in the community when you enroll
- » Nursing assessment will be performed to determine eligibility.



*"If a problem arises, we make one call to her care manager and it's solved. My grandmother just feels better about everything. She is much happier now with ArchCare."*

**Leonza**  
Manhattan

**To learn more, ask about costs or eligibility and find out if ArchCare Community Life is right for you, please call us at**

**855-380-2589 (TTY/TDD: 711).**

**We're here to help Monday through Friday from 9:00 a.m. to 5 p.m.**