

Wellness Reward Program

Here is a special offer available to ArchCare Community Life members. ArchCare believes in encouraging our health plan members to take an active role in supporting your health. Make healthy choices and get rewarded for your actions.

How it works

ArchCare allows members to earn a \$50 gift card for completing certain health care activities throughout the year. Once the necessary health actions are completed, claim your reward!

We encourage you to go above and beyond and participate in as many health activities as you can!



1. Participate

- Go for your Annual Physical

Then complete three (3) or more of the health actions below:

- Annual Dental Exam
- Annual Eye Exam
- Annual Hearing Exam
- Flu Vaccine*
- Pneumococcal Vaccine*
- Advanced Directive Form

2. Call Us

If you want to check on your reward, ArchCare Community Life Member Services at **1-855-467-9351 (TTY: 711) 9 am - 5 pm, Monday-Friday.**

3. Enjoy your rewards.

Once we confirm that you completed all necessary requirements, we will process your reward. You will receive a \$50 gift card in the mail.

Health Care Actions Description: How To Complete

ANNUAL PHYSICAL

This visit must include: Routine measurements-height, weight, blood pressure, BMI, review of medical and family history, medications, and discussing appropriate, screenings and vaccines.

Call your primary care doctor to make an appointment. If you do not have a primary care doctor please, call your care manager who will help you select a provider and make an appointment.

PREVENTIVE SCREENINGS & VACCINATIONS

- Annual Dental Exam
- Annual Eye Exam
- Annual Hearing Exam
- Flu Vaccine*
- Pneumococcal Vaccine*
- Advanced Directive Form

Maintaining your health and wellness with preventative care services helps you identify and treat health issues early. Call your primary care doctor to schedule an annual physical and any of the listed screenings and vaccines with an in-network provider. (Each one will count as a separate choice).

*If you get the flu or pneumococcal vaccines, you must provide ArchCare Community Life with documentation from your provider. Please mail or fax proof. Fax number and mailing address are listed below.

COMPLETE ADVANCED DIRECTIVES

This is a legal document that ensures your health care wishes are followed in the event you cannot make decisions for yourself. An example of an advanced directive is a will or a health care proxy. Call ArchCare Community Life at **1-855-467-9351 (TTY: 711) 9 am - 5 pm, Monday-Friday**. if you need assistance in completing the form or you can call your primary care doctor to discuss. The form or a copy must be completed and submitted by fax or mail.

Fax to: 646-356-8400

Mail to: ArchCare Community Life
205 Lexington Avenue
New York, NY 10016