







AUGUST 2025: 4A ACTIVITIES



Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 10:00 WELCOME AUGUST DR 2:15 MUSIC WITH COLTON DR	2 10:00 THE HISTORY OF LATIN MUSIC DR
3 2:00 MASS AR	4 10:00 MORNING BREW DR 2:15 ALL ABOUT JIMMY CARTER DR	5 10:00 NOODLE BALL DR 11:00 HYDRATION DR 2:15 TUESDAY TUNES DR	6 10:00 BALLOON GAMES DR 11:00 HYDRATION DR 2:15 BINGO DR	7 10:00 SENSORY STATIONS DR 2:15 BIRDS OF THE HUDSON VALLEY DR	8 10:00 BETTY DAVIS DAY DR 2:15 TODAY IN HISTORY DR	9 10:00 KARAOKE DR
10 2:00 MASS AR	11 10:00 MORNING MEDITATION DR 2:15 AUGUST BIRTHDAY PARTY DR 6:30 HISTORY OF RHINEBECK DR	12 10:00 TABLE GAMES DR 11:00 HYDRATION DR 2:15 WORD GAMES DR	13 10:00 TEA AND TRIVIA DR 2:15 BINGO DR 6:30 SING ALONG DR	14 10:00 SENSORY STATIONS DR 2:15 CHAIR YOGA DR 3:00 HYDRATION DR	15 10:00 MUSIC WITH COLTON DR 2:15 SOUNDS OF THE OCEAN DR	16 10:00 TEA TALK DR
17 2:00 MASS AR	18 10:00 VOLLEYBALL DR 11:00 HYDRATION DR 2:15 NUMBER GAMES DR	19 10:00 SENSATIONS DR 2:15 ART THERAPY WITH MAE DR	20 10:00 TABLE HOCKEY DR 11:00 HYDRATION DR 2:15 MYSTERY BOX DR	21 10:00 TEA SOCIAL DR 2:00 RESIDENT COUNCIL 3A DINING ROOM 2:15 MUSIC AND MOVEMENTS DR	22 10:00 THE GOLD RUSH DR 2:15 HUDSON RIVER HYSTERY DR	23 2:00 LIVE MUSIC DR
24 2:00 MASS AR 31 2:00 MASS AR	25 10:00 MUSIC AND MOVEMENTS DR 2:15 MILKSHAKE PARTY DR	26 10:00 MATCHING GAME-COLORS AND SHAPES DR 2:15 LEMONADE SOCIAL DR	27 10:00 BALL TOSS DR 11:00 HYDRATION DR 2:15 OLD WIVES TALES DR	28 10:00 BOWLING DR 11:00 HYDRATION DR 2:15 CRAFTS WITH ANNIE DR	29 10:00 MUSIC WITH COLTON DR 2:15 ALL THAT JAZZ DR	30 10:00 SATURDAY NEWS DR

ONE TO ONE VISITS & WALKS ARE PROVIDED DAILY AT 9:15AM & 9:30AM 1:15PM, 3:30PM & 4:00PM MONDAY—FRIDAY **AUGUST 21ST** **2:00 Resident Council Meeting—3A DINING ROOM**



WEDNESDAYS:
10:00 PROTESTANT SERVICES 3RD FLOOR ACTIVITY ROOM

ADDITIONAL ACTIVITY SUPPLIES ARE AVAILABLE PLEASE CALL THE RECREATION DEPARTMENT AT EXT 3181. ALL PROGRAMS ARE SUBJECT TO CHANGE *ALL PROGRAMS ARE HELD IN THE ACTIVITY ROOM UNLESS OTHERWISE INDICATED DYR—DAYROOM*