



SEPTEMBER 2025: 4A ACTIVITIES



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 LABOR DAY 10:00 LABOR DAY FACTS DYR	2 10:00 KARAOKE DYR 2:15 5 SENSES DYR	3 10:00 BALL TOSS DYR 11:00 HYDRATION DYR 2:15 CRAFT CORNER DR	4 10:00 TRUE OR FALSE DYR 2:15 MUSICAL MEMORIES DYR	5 10:00 FRIDAY FITNESS DYR 11:00 HYDRATION DYR 2:15 SOUNDS OF NATURE DYR	6 2:15 AFTERNOON SOCIAL DYR
7 2:00 MASS AR	8 10:00 FLOOR GAMES DYR 11:00 HYDRATION DYR 2:15 NAME THAT SOUND DYR	9 10:00 ACTIVITY CENTERS DR 2:15 KARAOKE DYR	10 10:00 TEA TIME DR 2:15 SENSORY STATIONS DR	11 10:00 MORNING STRETCHES DYR 11:00 HYDRATION DYR 2:15 BINGO DR	12 10:00 MUSIC WITH COLTON DYR 2:15 ELVIS PRESLEY MEMORIES DYR 6:30 HISTORY OF RHINEBECK DYR	13 10:00 MORNING BREW DR
14 2:00 MASS AR	15 10:00 MUSIC AND MOVEMENT DYR 11:00 HYDRATION DYR 2:15 ROOTBEER FLOATS DR	16 10:00 TUESDAY TUNES DYR 2:15 ART WITH MAE DR	17 10:00 KARAOKE DYR 2:15 MYSTERY BOX DYR	18 10:00 SOUNDS OF THE OCEAN DYR 2:00 RESIDENT COUNCIL 3A DINING ROOM 2:15 REMINISCING DYR	19 10:00 FRIDAY FUN FACTS DYR 2:15 BALLOON GAMES DYR 3:15 HYDRATION DYR	20 2:15 MUSIC APPRECIATION DYR
21 2:00 MASS AR	22 10:00 SENSORY STATIONS DR 2:15 SEPTEMBER BIRTHDAY PARTY DR	23 10:00 NAME THAT NATURE SOUND DYR 2:15 VOLLEYBALL DYR 3:15 HYDRATION DYR	24 10:00 THE BEATLES DYR 2:15 CRAFTS DR	25 10:00 MATCHING GAME DYR 2:15 BALL TOSS DYR 3:15 HYDRATION DYR	26 10:00 MUSIC WITH COLTON DYR 2:15 FRIDAY FITNESS DYR 3:15 HYDRATION DYR	27 10:00 SATURDAY SOCIAL DR
28 2:00 MASS R	29 10:00 BOWLING DYR 11:00 HYDRATION DYR 2:15 MILKSHAKE SOCIAL DR	30 10:00 SING ALONG DYR 2:15 TABLE GAMES DR				

ONE TO ONE VISITS & WALKS ARE PROVIDED DAILY AT
9:15AM & 9:30AM
1:15PM, 3:30PM & 4:00PM
MONDAY—FRIDAY

SEPTEMBER 18TH
2:00 Resident Council Meeting—2:00 3A DR

WEDNESDAYS
10:00 PROTESTANT SERVICES 3RD FLOOR AR

SEPTEMBER 20TH
2:30
CAR SHOW
OUT FRONT

ADDITIONAL ACTIVITY SUPPLIES ARE AVAILABLE PLEASE CALL THE RECREATION DEPARTMENT AT EXT 3181.
ALL PROGRAMS ARE SUBJECT TO CHANGE
ALL PROGRAMS ARE HELD IN THE ACTIVITY ROOM UNLESS OTHERWISE INDICATED
DYR—DAYROOM