






JANUARY 2026:4A ACTIVITIES



Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 NEW YEARS DAY 2:15 NEW YEAR'S SOCIAL DR	2 10:00 MUSIC WITH COLTON DR 2:15 BEST OF JOHN LENNON DR	3 10:00 IN THE NEWS DR
4 2:00 MASS AR	5 10:00 MONDAY MORNING MUSIC DR 2:15 JANUARY BIRTHDAY PARTY DR	6 10:00 SOUNDS OF NATURE DR 2:15 CRAFTS DR	7 10:00 BALL TOSS DR 11:00 HYDRATION DR 2:15 KARAOKE DR 6:30 TRIVIA TIME DR	8 10:00 MUSIC AND MEMORIES DR 2:15 SNACK SHACK DR	9 10:00 WHEELCHAIR MEDITATION DR 2:15 FRIDAY FUN FACTS DR	10 2:15 SATURDAY NEWS DR
11 2:00 MASS AR	12 10:00 HOROSCOPES AND NEWS CLIPS DR 2:15 ICE CREAM SOCIAL DR	13 10:00 JAZZ MUSIC DR 2:15 CHAIR YOGA DR 3:15 HYDRATION DR	14 10:00 MORNING STRETCHES DR 11:00 HYDRATION DR 2:15 WEDNESDAY WORD GAMES DR	15 10:00 TEA AND TRIVIA DR 2:00 RESIDENT COUNCIL 3RD FLOOR ACTIVITY ROOM 2:15 CRAFTS DR	16 10:00 MUSIC WITH COLTON DR 2:15 BINGO DR 6:30 SING ALONG DR	17 2:00 LIVE MUSIC DR
18 2:00 MASS AR	19 MARTIN LUTHER KING DAY 2:15 MLK TRIVIA DR	20 10:00 TUESDAY TUNES DR 2:15 ART WITH MAE DR	21 10:00 ELVIS HOUR DR 2:15 RIDDLES DR	22 10:00 BALLOON GAMES DR 11:00 HYDRATION DR 2:15 THE PRICE IS RIGHT DR	23 10:00 TEA FOR TWO DR 2:15 ACTIVITY CENTERS DR	24 2:15 KARAOKE DR
25 2:00 MASS AR	26 10:00 CHAIR EXERCISES DR 11:00 HYDRATION DR 2:15 ROOTBEER FLOATS SOCIAL DR	27 10:00 THE BEST OF ROCK AND ROLL DR 2:15 MYSTERY BOX DR	28 10:00 5 SENSES DR 2:15 VOLLYBALL DR 3:15 HYDRATION DR	29 10:00 RIDDLES DR 2:15 SENSORY STATIONS DR	30 10:00 MUSIC WITH COLTON DR 2:15 SNACK SHACK DR	31 2:15 DAILY CHRONICLE AND NEWS CLIPS DR

ONE TO ONE VISITS ARE PROVIDED DAILY AT 9:15AM & 9:30AM 1:15PM, 3:30PM & 4:00PM MONDAY—FRIDAY

JANUARY 15TH
2:00 Resident Council Meeting—3RD FLOOR ACTIVITY ROOM

PROTESTANT SERVICES WILL BE HELD ON WEDNESDAYS AT 10:30 IN THE 3RD FLOOR ACTIVITY ROOM

ADDITIONAL ACTIVITY SUPPLIES ARE AVAILABLE PLEASE CALL THE RECREATION DEPARTMENT AT EXT 3181.

ALL PROGRAMS ARE SUBJECT TO CHANGE
 ALL PROGRAMS ARE HELD IN THE ACTIVITY ROOM UNLESS OTHERWISE INDICATED
 DYR—DAYROOM