



FEBRUARY 2026: 4A ACTIVITIES



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 2:00 MASS AR	2 10:00 WELCOME FEBRUARY DR 10:30 GROUN HOG DAY TRIVIA DR 2:15 BIRTHDAY PARTY DR	3 10:00 THE BEST OF ELVIS PRESLEY DR 2:15 SENSORY STATIONS DR	4 10:00 BALLOON GAMES DR 10:45 HYDRATION DR 2:15 KARAOKE DR	5 10:00 TEA TIME DR 2:15 CHAIR YOGA DR 3:00 HYDRATION DR	6 10:00 THE BEST OF THE BEATLES DR 2:15 FRIDAY FUN FACTS DR	7 MORNING VISITS 2:15 SATURDAY SING ALONG DR
8 2:00 MASS AR	9 10:00 SOUNDS OF NATURE DR 2:15 ROOTBEER FLOAT PARTY DR	10 10:00 MORNING MUSIC AND MEDITATION DR 2:15 SNACK SHACK DR	11 10:00 BEAN BAG TOSS DR 10:45 HYDRATION DR 2:15 VALENTINE'S DAY CRAFTS	12 10:00 MORNING STRETCHES DR 10:45 HYDRATION DR 2:15 ACTIVITY CENTERS DR	13 10:00 MUSIC WITH COLTON DR 2:15 BINGO DR	14 2:15 VALENTINE'S DAY SOCIAL DR
15 2:00 MASS AR	16 PRESIDENTS DAY 10:0 PRESIDENTIAL TRIVIA AND TEA DR	17 10:00 WHEELCHAIR AEROBICS DR 10:45 HYDRATION DR 2:15 MARDI GRAS DR	18 10:00 MORNING MUSIC DR 2:15 ART CORNER DR 6:30 IN THE NEWS DR	19 10:00 TODAY IN HISTORY DR 2:00 RESIDENT COUNCIL 3RD AR 2:15 PHRASE FINISH DR 3:00 HYDRATION DR	20 10:00 HOROSCOPES AND NEWS CLIPS DR 2:15 ICE CREAM SOCIAL DR	21 2:15 KARAOKE DR
22 2:00 MASS AR	23 10:00 MORNING MUSIC AND MOVEMENT DR 10:45 HYDRATION DR 2:15 NAME 5 DR	24 10:00 GUESS WHO DR 2:15 BALLOON GAMES DR 3:00 HYDRATION DR	25 10:00 TEA TIME DR 2:15 TABLE GAMES DR 3:00 HYDRATION DR	26 10:00 5 SENSES DR 10:45 HYDRATION DR 2:15 SING ALONG DR	27 10:00 MUSIC WITH COLTON DR 2:15 PUDDING PARTY DR 6:30 NIGHT TIME NEWS DR	28 2:00 LIVE MUSIC DR

ONE TO ONE VISITS ARE PROVIDED DAILY AT
9:15AM & 9:30AM
1:15PM, 3:30PM & 4:00PM
MONDAY—FRIDAY

PROTESTANT SERVICES
WEDNESDAYS 10:30 3RD FLOOR ACT.ROOM

FEBRUARY 19TH
2:00 Resident Council Meeting—3RD FLOOR AR



ADDITIONAL ACTIVITY SUPPLIES ARE AVAILABLE PLEASE

CALL THE RECREATION DEPARTMENT AT EXT 3181.

ALL PROGRAMS ARE SUBJECT TO CHANGE ACTIVITIES ARE HELD IN THE ACTIVITY ROOM UNLESS OTHERWISE INDICATED
DYR—DAYROOM