



MARCH 2026: 4A ACTIVITIES



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 10:00 MORNING VISITS 2:00 MASS	2 10:00 WELCOME MARCH DR 2:15 MARCH BIRTHDAY PARTY DR	3 10:00 BALL TOSS DR 11:00 HYDRATION DR 2:15 ARTS AND CRAFTS DR	4 10:00 SING ALONG DR 2:15 CHAIR YOGA AND MEDITATION DR 3:00 HYDRATION DR	5 10:00 THE BEST OF ROCK AND ROLL DR 2:15 OCEAN SOUNDS AND FACTS DR	6 10:00 SENSORY STATIONS DR 2:15 BALLOON GAMES DR 3:00 HYDRATION DR	7 2:15 MUSICAL MEMORIES DR
8 10:00 MORNING VISITS 2:00 MASS	9 10:00 MUSIC AND MOVEMENTS DR 11:00 HYDRATION DR 2:15 ICE CREAM SOCIAL DR 6:30 KARAOKE DR	10 10:00 SOUNDS OF NATURE DR 11:00 NATURE TRIVIA DR 2:15 RIDDLES DR	11 10:00 NAME THAT TUNE DR 2:15 RING TOSS DR 3:00 HYDRATION DR	12 10:00 VOLLEYBALL DR 11:00 HYDRATION DR 2:15 SNACK SHACK DR	13 10:00 MUSIC WITH COLTON DR 2:15 BINGO DR 6:30 MEDITATION DR	14 2:15 IN THE NEWS DR
15 10:00 MORNING VISITS 2:00 MASS	16 10:00 CHAIR ZUMBA DR 11:00 HYDRATION DR 2:15 ROOTBEER FLOATS DR	17 ST. PATRICK'S DAY 10:00 ST. PADDYS TEA AND TRIVIA DR 2:15 ST PATRICKS DAY CRAFTS DR	18 10:00 CHAIR EXERCISES DR 11:00 HYDRATION DR 2:15 SNACK SHACK DR	19 10:00 ART WITH MAE DR 2:00 RESIDENT COUNCIL 3RD FLOOR AR 2:15 IRISH MUSIC AND FACTS DR	20 10:00 TEA AND TRIVIA DR 2:15 SENSORY STATIONS DR 3:00 HYDRATION DR	21 2:15 BALL TOSS DR 3:00 HYDRATION DR
22 10:00 MORNING VISITS 2:00 MASS	23 10:00 5 SENSES DR 2:15 CHAIR ZUMBA DR 3:00 HYDRATION DR	24 10:00 TODAY IN HISTORY DR 2:15 SNACK SHACK DR	25 10:00 MORNING MUSIC DR 2:15 WEDNESDAY WORKOUT DR 3:00 HYDRATION DR	26 10:00 BEAN BAG TOSS DR 11:00 HYDRATION DR 2:15 SENSORY STATIONS DR	27 10:00 MUSIC WITH COLTON DR 2:15 FRIDAY FITNESS DR 3:00 HYDRATION DR	28 2:00 LIVE MUSIC DR
29 10:00 MORNING VISITS 2:00 MASS	30 10:00 MONDAY MUSIC DR 2:15 ICE CREAM PARTY DR	31 10:00 RING TOSS DR 11:00 HYDRATION DR 2:15 CRAFTS DR				
						

ONE TO ONE VISITS & WALKS ARE PROVIDED DAILY AT 9:15AM & 9:30AM 1:15PM, 3:30PM & 4:00PM MONDAY—FRIDAY

MARCH 19th
2:00 Resident Council Meeting—
3rd Floor Act. Room

PROTESTANT SERVICES:
WEDNESDAYS 10:30 3RD FLOOR ACT. ROOM



ADDITIONAL ACTIVITY SUPPLIES ARE AVAILABLE PLEASE CALL THE RECREATION DEPARTMENT AT EXT 3181. ALL PROGRAMS ARE SUBJECT TO CHANGE

ALL PROGRAMS ARE HELD IN THE ACTIVITY ROOM UNLESS OTHERWISE INDICATED DYR—DAYROOM