







APRIL 2026: MCU ACTIVITIES



Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 PASSOVER BEGINS 10:00 Morning Brew 10:45 Chronicle & Gazette 2:15 April Fools Day 3:00 Tour of China	2 10:00 Kick Ball 10:45 Cold Drinks 11:00 Daily Chronicle 2:15 Melodys (DYS) 2:15 ART Therapy (DR) 3:15 Spa Day (DYS)	3 10:00 Zumba 10:45 Hydrate & Prep Fruit 2:15 Find a Rainbow day 3:00 Chocolate Mousse Day	4 10:00 Ribbon Dance 10:45 Wet your Whistle 11:00 Bye Bye Birdie 2:15 Seed Starting 3:00 China Fun Facts
5 EASTER 10:00 Catholic Mass 10:45 Coffee Time 2:15 Egg Shakers 3:00 Have a Sip 3:15 Easter Mocktails	6 10:00 Music with Colton 2:15 Birthday Party 3:00 Yahtzee (DR) 3:00 Story Scribe	7 10:00 Chair Exercise 10:45 Hydrate & Prep Fruit 2:15 Billie Holiday's Day 3:00 Riddles	8 10:00 Cozy Cocoa 10:45 On this Day 2:15 Home Run Record Day 3:00 Chinese Trivia & Fun Facts	9 10:00 Zumba 10:45 Have a Sip 11:00 In the News 2:15 Fun Tunes (DYS) 2:15 ART Therapy (DR) 3:00 Nail Day (DYS)	10 10:00 Graceful Scarves 10:45 Hydrate & Prep Fruit 2:15 Activity Interest Meeting 3:00 Day of Kindness	11 10:00 Reach & Stretch 10:45 Have a Drink 11:00 Newsletter 2:15 NTL Pet Day 3:00 Phrase Finish
12 10:00 Catholic Mass 10:45 Hot drinks 2:15 Yoga 3:00 Refreshments & Committee meeting 3:15 Hangman	13 10:00 Music with Colton 2:15 Community connection Bird House Project 3:00 Beautiful Birds	14 10:00 Ribbon Dance 10:45 Hydrate & Prep Fruit 2:15 Laughter Day 3:00 Earth / Recycle Poster	15 10:00 Coffee, Tea, or me? 10:45 In the News 2:00 Music with Buddy 3:15 Poetry Reading	16 10:00 Ball Toss 10:45 Refreshments 11:00 Horoscopes 2:00 RESIDENT COUNCIL 3RD FLOOR AR 2:15 Music appreciation (DYS) 2:15 ART Therapy (DR) 3:15 Nails Nails Nails (DYS)	17 10:00 Hula Hoops 10:45 Hydrate & Prep Fruit 2:15 April Showers Project 3:00 China's Clothing and It's Culture	18 10:00 Kickball 10:45 H2O Time 11:00 State/Capital Match 2:00 Music with Friends & Guests
19 10:00 Catholic Mass 10:45 A warm Sip 2:15 Graceful Scarves 3:00 Catch the Wave 3:15 Sunday FUNDAY	20 10:00 Music with Colton 2:15 Taste of China 3:00 Flag Craft	21 10:00 Hula Hoops 10:45 Hydrate & Prep Fruit 2:15 Name that Tune 3:00 Reading Circle	22 EARTH DAY 10:00 Tea Party 10:45 News Letter 2:15 Folklores 3:00 Trivia & Jeopardy	23 10:00 Yoga & Meditation 10:45 Have a Sip 11:00 Chronicle 2:15 Music and Mani's (DYS) 2:15 ART Therapy (DR) 3:00 Relax & Ocean Waves (DYS)	24 10:00 Move & Shake It! 10:45 Hydrate & Prep Fruit 2:15 Arbor Day 3:00 Word Games	25 10:00 Zumba 10:45 Refreshments 11:00 Horoscopes 2:15 Broadway Hits
26 10:00 Catholic Mass 10:45 Coffee Hour 2:15 Jazzercise 3:00 Have a Drink 3:15 Pretzel Day	27 10:00 An English Tea 10:45 History of Tea 2:15 Music with Colton 6:30 Trivia	28 10:00 Balloon Toss 10:45 Hydrate & Prep Fruit 2:15 Blueberry Pie Day 3:00 History and Why Pie?	29 10:00 A warm Cup 10:45 Daily Read 2:15 Fact or Fiction 3:00 Word Games	30 10:00 Catch the Ball 10:45 Drinks! 11:00 In the News 2:15 For the love of Music(DYS) 2:15 ART Therapy (DR) 3:15 Manicures (DYS)		

ONE TO ONE VISITS ARE PROVIDED DAILY AT 9:15AM & 9:30AM 1:15PM, 3:30PM & 4:00PM MONDAY—FRIDAY

APRIL 16TH
2:00 Resident Council Meeting—
3RD FLOOR ACTIVITY ROOM
PROTESTANT SERVICES WEDNESDAYS
10:30 3RD FLOOR ACTIVITY ROOM



ADDITIONAL ACTIVITY SUPPLIES ARE AVAILABLE PLEASE CALL THE RECREATION DEPARTMENT AT EXT 3181.

ALL PROGRAMS ARE SUBJECT TO CHANGE

ALL PROGRAMS ARE HELD IN THE ACTIVITY ROOM UNLESS OTHERWISE INDICATED DYS—DAYROOM