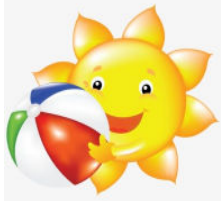
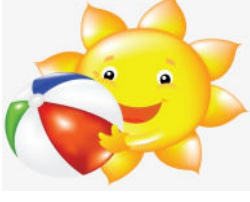




AUGUST 2026: 4A ACTIVITIES



Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 9:00 MORNING VISITS 2:15 MUSIC AND MOVEMENTS DR 3:15 HYDRATION DR
2 9:00 ROOM VISITS 10:30 SENSORY STATIONS DR 2:00 MASS AR	3 9:00 TRAVELING SENSORY CART 10:30 CRAFTS DR 2:15 MONDAY MUSIC DR 6:30 ACTIVITY CENTERS	4 9:00 TRAVELING NEWS 10:30 BEAN BAG TOSS DR 11:15 HYDRATION DR 2:15 MUSIC AND MEDITATION DR	5 9:00 ROOM VISITS 10:30 5 SENSES DR 2:15 PARACHUTE DR 3:15 HYDRATION DR 6:30 SING ALONG DR	6 9:00 TRAVELING ACTIVITY CART 10:30 MUSICAL BALLOONS DR 11:15 HYDRATION DR 2:15 BRAIN TEASERS DR	7 9:00 ONE TO ONE VISITS 10:30 FRIDAY FITNESS DR 11:15 HYDRATION DR 2:30 SNACK SHACK DR	8 9:00 ROOM VISITS 2:15 TEA FOR TWO DR
9 2:00 MASS AR	10 9:00 ROOM VISITS 10:30 BEST OF ROCK AND ROLL DR 2:15 MUSICAL BALLOONS DR 3:15 HYDRATION DR	11 9:00 ROOM VISITS 10:30 TODAY IN HISTORY DR 2:15 SENSORY STATIONS DR	12 9:00 TRAVELING SENSORY CART 10:30 MUSIC AND SPA DR 2:15 RING TOSS DR 3:15 HYDRATION DR	13 9:00 TRAVELING WORD GAMES 10:30 NOODLE GAMES DR 11:15 HYDRATION DR 2:15 READING AND RELAXATION DR	14 9:00 ONE TO ONE VISITS 10:30 BEST OF THE OLDIES DR 2:15 FRIDAY FITNESS DR 3:15 HYDRATION DR	15 9:00 MORNING VISITS 2:15 ICE CREAM PARTY DR
16 2:00 MASS AR	17 9:00 TRAVELING SENSORY CART 10:30 MUSICAL MORNING DR 2:15 SORTING GAMES DR 3:15 HYDRATION DR	18 9:00 MORNING VISITS 10:30 TUESDAY TUNES DR 2:15 MOVEMENT GAMES DR 3:15 HYDRATION DR	19 9:00 SENSORY VISITS 10:30 BINGO DR 2:15 ART WITH MAE DR	20 9:00 TRAVELING SENSORY CART 10:30 COFFEE SOCIAL DR 2:00 RESIDENT COUNCIL 3RD FLOOR ACT ROOM 2:15 BIRTHDAY PARTY DR	21 9:00 MORNING VISITS 10:30 BOOK CLUB DR 2:15 CHAIR YOGA DR 3:15 REFRESHMENTS DR	22 9:00 ONE TO ONE VISITS 2:15 BOWLING DR 3:15 HYDRATION DR
23 2:00 MASS AR 30 2:00 MASS AR	24 9:00 ONE TO ONE VISITS 10:30 TAI CHI DR 2:15 SNACK SHACK DR 31 9:00 VISITS 10:30 TEA TIME DR 2:15 SENSORY STATIONS DR	25 9:00 MORNING VISITS 10:30 MUSIC APPRECIATION DR 2:15 KICKBALL DR 3:15 REFRESHMENTS DR	26 9:00 TRAVELING TRIVIA 10:30 ELVIS FUN FACTS DR 2:15 BALL TOSS DR 3:15 HYDRATION DR	27 9:00 SENSORY CART 10:30 COFFEE TALK DR 2:15 SUMMER SOCIAL DR	28 9:00 ROOM VISITS 10:30 BRAIN GAMES DR 2:15 CHAIR ZUMBA DR 3:15 HYDRATION DR	29 9:00 ROOM VISITS 2:15 THIS OR THAT DR 3:15 HYDRATION DR

ONE TO ONE VISITS &
WALKS ARE PROVIDED
DAILY AT
9:15AM & 9:30AM
1:15PM, 3:30PM & 4:00PM

MONDAY—FRIDAY

AUGUST 20TH
2:00 Resident Council
Meeting—3rd floor
ACTIVITY ROOM



WEDNESDAYS:
10:30 PROTESTANT
SERVICES 3RD FLOOR
ACTIVITY ROOM

ADDITIONAL ACTIVITY
SUPPLIES ARE
AVAILABLE PLEASE
CALL THE
RECREATION
DEPARTMENT AT
EXT 3181.

ALL PROGRAMS ARE
SUBJECT TO CHANGE
ALL PROGRAMS
ARE HELD IN THE
ACTIVITY ROOM
UNLESS OTHERWISE
INDICATED
DYR—DAYROOM