



OCTOBER 2026:3RD FLOOR ACTIVITIES



Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 10:00 WELCOME OCTOBER DYR 2:15 ROOTBEER FLOATS AR	2 10:00 ACTIVITY INTEREST MEETING AR 2:15 SING ALONG DYR	3 10:00 SATUDAY MORNING TEA AND TRIVIA AR AFTERNOON VISITS
4 10:45 MASS AR	5 10:00 TEACHERS' TEA SOCIAL AR 2:15 GOLDEN ARCHES DAY DYR	6 10:00 TUNES CATEGORIES DYR 2:15 ART WITH MAE AR	7 10:30 PROTESTANT SERVICES AR 2:15 BINGO AR	8 10:00 BOOST YOUR BRAIN DYR 2:15 BIRTHDAY SOCIAL AR	9 10:00 FRIDAY FITNESS AR 11:00 HYDRATION AR 2:15 FUN FACTS AR	10 10:00 SCARECROW SATURDAY AR
11 10:45 MASS AR	12 COLUMBUS DAY 10:00 ALL ABOUT COLUMBUS DAY AR 2:15 CRAFT CORNER AR	13 10:00 NAME THAT TUNE AR 2:15 CHAIR EXERCISES AR 3:00 HYDRATION AR	14 10:30 PROTESTANT SERVICES AR 11:00 HYDRATION AR 2:15 SNACK SHACK AR	15 10:00 CHAIR YOGA AR 11:00 HYDRATION AR 2:15 NAME 10 AR	16 10:00 HALLOWEEN FUN FACTS AR 2:15 RIDDLES AR	17 10:00 CHAIR AEROBICS AR 11:00 HYDRATION AR
18 10:45 MASS AR	19 10:00 COFFEE SOCIAL AR 2:15 WORD GAMES DYR	20 10:00 "DAY-O" DAY DYR 2:15 BINGO AR	21 10:30 PROTESTANT SERVICES AR 2:15 PUMPKIIN PAINTING AR	22 10:00 MUSIC AND MOVEMENTS AR 2:00 RESIDENT COUNCIL 3RD FLOOR AR 2:15 NAIL ART DYR 6:30 MEMORIES AND MUSIC AR	23 10:00 SIT AND STRETCH AR 11:00 HYDRATION AR 2:15 WORD GAMES AR	24 10:00 THINK PINK GAME AR
25 10:45 MASS AR	26 10:00 BALL TOSS AR 11:00 HYDRATION AR 2:15 ARTS AND CRAFTS AR	27 10:0 NAVY DAY DYR 2:15 BINGO AR	28 10:30 PROTESTANT SERVICES AR 2:15 STATUE OF LIBERTY MINING AR	29 10:00 WORD PYRAMID DYR 2:00 MOVIE MATINEE AR	30 10:00 JACK-O-LANTERN DAY DYR 2:15 HALLOWEEN SOCIAL AR	31 HAPPY HALLOWEEN 10:00 HALLOWEEN TRIVIA AR

ONE TO ONE VISITS &
WALKS ARE PROVIDED
DAILY AT
1:15PM, 3:30PM & 4:00PM
MONDAY—FRIDAY

WEDENESDAYS
10:30 PROTESTANT
SERVICES 3RD FLOOR
AR

OCTOBER 22ND
2:00 Resident Council
Meeting—3RD FLOOR
ACTIVITY ROOM

ADDITIONAL ACTIVITY
SUPPLIES ARE
AVAILABLE PLEASE
CALL THE
RECREATION
DEPARTMENT AT
EXT 3181.

ALL PROGRAMS ARE
SUBJECT TO CHANGE
*ALL PROGRAMS
ARE HELD IN THE
ACTIVITY ROOM
UNLESS OTHERWISE
INDICATED
DYR—DAYROOM*