



OCTOBER 2026: 4A ACTIVITIES



Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 9:00 ROOM VISITS 10:30 WELCOME OCTOBER DR 2:15 SING ALONG DR	2 9:00 TRAVELING ACTIVITY CART 10:30 SENSORY STATIONS DR 2:15 ICE CREAM SOCIAL DR	3 MORNING VISITS 2:15 SATURDAY SOCIAL DR
4 2:00 MASS AR	5 9:00 ROOM VISITS 10:30 MUSIC AND MOVEMENTS DR 2:15 TRUE OR FALSE DR	6 9:00 TRAVELING SENSORY CART 10:30 KARAOKE DR 2:15 MUSIC AND MEDITATION DR	7 9:00 MORNING VISITS 10:30 TEA TALK DR 2:15 CHAIR EXERCISES DR 3:00 HYDRATION DR	8 9:00 ONE TO ONE VISITS 10:30 PUMPKIN TRIVIA DR 2:15 HALLOWEEN CRAFTS DR	9 9:00 TRAVELING SPA 10:30 BALLOON GAMES DR 11:15 HYDRATION DR 2:15 ROOTBEER FLOATS DR	10 MORNING VISITS 2:15 IN THE NEWS DR
11 2:00 MASS AR	12 COLUMBUS DAY 10:30 ALL ABOUT COLUMBUS DAY DR 2:15 MONDAY MUSIC DR	13 9:00 TRAVELING MAGAZINE CART 10:30 SNACK SHACK DR 2:15 SHORT STORIES DR	14 9:00 ROOM VISITS 10:30 HALLOWEEN TRIVIA DR 2:15 OCTOBER BIRTHDAY PARTY DR	15 9:00 MORNING VISITS 10:30 COFFEE TALK DR 2:15 REMINISCING DR	16 9:00 TRAVELING SPA 10:30 NAME 5 DR 2:15 CHAIR EXERCISES DR 3:00 HYDRATION DR	17 MORNING VISITS 2:15 SNACK SHACK DR
18 2:00 MASS AR	19 9:00 ROOM VISITS 10:30 IN THE NEWS DR 2:15 SENSORY DR	20 9:00 MORNING VISITS 10:30 TUESDAY TUNES DR 2:15 ALL ABOUT ELVIS DR	21 9:00 TRAVELING ACTIVITY CART 10:15 HALLOWEEN MOVIE TRIVIA DR 2:15 ART CORNER DR	22 9:00 ONE TO ONE VISITS 10:30 RECIPE SWAP DR 2:00 RESIDENT COUNCIL 3RD FLOOR AR 2:15 SONGS AND SPA DR	23 9:00 ROOM VISITS 10:30 FRIDAY FITNESS DR 11:15 HYDRATION DR 2:15 BINGO DR	24 MORNING VISITS 2:15 MUSIC AND MOVEMENT DR
25 2:00 MASS AR	26 9:00 TRAVELING SENSORY CART 10:30 ZUMBA DR 11:15 HYDRATION DR 2:15 SING ALONG DR	27 9:00 ONE TO ONE VISITS 10:30 AROMA THERAPY DR 2:15 MUSIC AND MOVEMENT DR 3:00 HYDRATION DR	28 9:00 ROOM VISITS 10:30 SENSORY STATIONS DR 2:15 BALL TOSS DR 3:00 SNACK SHACK DR	29 9:00 TRAVELING SENSORY CART 10:30 TEA PARTY DR 2:15 RIDDLES DR	30 9:00 ROOM VISITS 10:30 CHAIR YOGA DR 11:15 HYDRATION DR 2:15 HALLOWEEN SOCIAL DR	31 HAPPY HALLOWEEN 2:15 SPOOKY STORIES DR

ONE TO ONE VISITS &
WALKS ARE PROVIDED
DAILY AT
1:15PM, 3:30PM & 4:00PM
MONDAY—FRIDAY

WEDNESDAYS
10:30 PROTESTANT
SERVICES 3RD FLOOR
AR

OCTOBER 22ND
2:00 Resident Council
Meeting—3RD FLOOR
ACTIVITY ROOM

ADDITIONAL ACTIVITY
SUPPLIES ARE
AVAILABLE PLEASE
CALL THE
RECREATION
DEPARTMENT AT
EXT 3181.

ALL PROGRAMS ARE
SUBJECT TO CHANGE
*ALL PROGRAMS
ARE HELD IN THE
ACTIVITY ROOM
UNLESS OTHERWISE
INDICATED*
DYR—DAYROOM